

General Rules:

- Masks must be worn while in the building
- Bring a Water Bottle
- Hours are for <u>all</u> students entering Grades 9 12 Only

High School Fitness Room Hours Turn Your Potential Into Reality

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
	Girls Only: 9-11am	Girls Only: 9-11am	Boys Only: 9-11am	Girls Only: 9-11am	Boys Only: 9-11am	
	Boys Only: 5-7pm	Boys Only: 11-1pm	Boys Only: 5-7pm	Girls Only: 1-2:30pm		
		Girls Only: 1-2:30pm				
		Girls Only: 4-6pm				
11	12	13	14	15	16	17
	Girls Only: 9-11am	Girls Only: 9-11am	Boys Only: 9-11am	Girls Only: 9-11am	Boys Only: 9-11am	
	Boys Only: 5-7pm	Boys Only: 11-1pm	Boys Only: 5-7pm	Girls Only: 1-2:30pm		
		Girls Only: 1-2:30pm		Girls Only: 4-6pm		
		Girls Only: 4-6pm				
18	19	20	21	22	23	24
	Girls Only: 9-11am	Girls Only: 9-11am	Boys Only: 9-11am	Girls Only: 9-11am	Boys Only: 9-11am	
	Boys Only: 5-7pm	Boys Only: 11-1pm	Boys Only: 5-7pm	Girls Only: 1-2:30pm		
		Girls Only: 1-2:30pm		Girls Only: 4-6pm		
		Girls Only: 4-6pm				
25	26	27	28	29	30	31
	Girls Only: 9-11am	Girls Only: 9-11am	Boys Only: 9-11am	Girls Only: 9-11am	Boys Only: 9-11am	
	Boys Only: 5-7pm	Boys Only: 11-1pm	Boys Only: 5-7pm	Girls Only: 1-2:30pm		
		Girls Only: 1-2:30pm		Girls Only: 4-6pm		
		Girls Only: 4-6pm				